



Misericordia University Baseball Academy

2012 Winter Clinics

REGISTER ONLINE AT athletics.misericordia.edu

Hitting Clinic

Grades 1-8

The hitting clinic is designed to teach the fundamentals of hitting based on the age and ability of each player. Younger and less experienced players will learn about proper grip, stance, bat path, and weight transfer, among other skills. Older and more experienced players will learn about balance, how to increase bat speed, and hitting to all fields. The instruction is not lecture-based. Each player will participate in a series of drills for the hour each week. **Each player should bring a baseball bat.**

Throwing Mechanics Clinic

Grades 1-3

The throwing clinic is designed to teach young players the proper mechanics of throwing. During the clinic, each player will learn proper grip, arm slot, and the correct upper and lower body mechanics of throwing. The instruction is not lecture-based. Each player will participate in a series of drills for the hour each week. **Each player should bring a baseball glove and a throwing partner (parent/guardian or player not involved with camp).**

Pitching Clinic

Grades 4-8

The pitching clinic is designed to teach the player the proper mechanics of pitching. Players will learn about balance, proper arm paths, weight transfer, how to increase velocity, and many other important aspects of pitching. The instruction is not lecture-based. Each player will participate in a series of drills for the hour each week. **Each player should bring a baseball glove and a throwing partner (parent/guardian or player not involved with camp).**

*All sessions run for five consecutive Sundays:
January 15, 22, and 29; February 5 and 12*

Hitting Sessions	Throwing Mechanics Sessions	Pitching Sessions
12:00p–1:00p Grades 1-3	12:00p–1:00p Grades 1-3	1:00p–2:00p Grades 4 and 5
1:00p–2:00p Grades 1-3	1:00p–2:00p Grades 1-3	2:00p–3:00p Grades 4 and 5
1:00p–2:00p Grades 4 and 5		3:00p–4:00p Grades 6-8
2:00p–3:00p Grades 4 and 5		
2:00p–3:00p Grades 6-8		

All sessions held in the Anderson Center on the Misericordia campus in Dallas. Cost is \$95 per 5-week session and \$180 if camper signs up for two 5-week sessions.

2012 Misericordia University Baseball Academy Coaching Staff

Pete Egbert

Head Coach
MU Baseball Academy Director

The 2012 season will be Coach Egbert's fifth at the helm of the Misericordia University baseball program and tenth as a collegiate head coach. In his nine seasons as a head coach at the college level (including five at Division III Fitchburg State College), Egbert has been named Coach of the Year in his conference five times. His career mark stands at 179-165, which includes an 88-78 record at MU. At the collegiate level, Egbert has coached in NCAA Divisions I, II, and III.

David Gargone

Assistant Coach
MU Baseball Academy Asst Director

Coach Gargone enters his second year coaching baseball at Misericordia and seventh year coaching at the collegiate level. He spent three seasons as an assistant at perennial Division III power Keystone College (La Plume, PA) of the Colonial States Athletic Conference and two seasons as an assistant at Division III Rockford College (Rockford, PA) of the Northern Athletics Conference. Gargone is also a professor in the MU business department.

Andrew Bennett

Asst Coach/Recruiting Coordinator

Coach Bennett enters his first season as a member of the Misericordia Baseball coaching staff. A graduate of Hamline University, Bennett spent one year as an assistant coach there before becoming the head varsity baseball coach at Minneapolis South High School where his Tigers won back-to-back conference titles. Bennett also played two seasons professionally with the St. Paul Saints of the independent American Association and the Southern Illinois Miners of the independent Frontier League.

The 2012 Misericordia University Baseball Academy staff will also include current and former Cougar players.